



### **Bell Schedule**

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25



## My Weekly Planner Flex Booking System

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

https://hwss.myweeklyplanner.net

## **FLEX**pectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12s only
- The Library is a place for quiet work and is for Grade 11s & 12s only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



## Science Co-op 2026

Please check room 315 to see if your name is on the applicant list.

Come pick up an application form!

All application forms due BEFORE spring break.



2025



#### **ELEMENTARY**

July 8 - July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math. Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, MAR

Registration 6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration 6:00am

MAR

#### MIDDLE

July 8 - July 25, 8:45am - 11:45am

3 LOCATIONS

Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

#### SECONDARY SKILL BUILDING

July 8 - July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

MAR

Registration 6:00am

Free to all BC residents, SD43 Residency requirments apply.

Registration 6:00am

**MAY** 

### SECONDARY FULL CREDIT

2 LOCATIONS July 2 - August 7 (6 weeks)

8:00am - 11:30am OR 12:00pm - 3:30pm

Face-to-Face or Online Blended Fast Track Courses: Life Science11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.



### The Drowsy Chaperone - A Musical



Heritage Woods Theatre presents: The Drowsy Chaperone. When a die-hard theatre fan plays their favorite cast album, the characters come to life in this hilarious Tony Award-winning musical farce.

Director & Choreographer - Julia MacLean Artistic Director - Shanda Walters Music Director - Hayley Perkins Technical Director - Olivia Niese

The cast and crew of this event are composed entirely students of Heritage Woods Secondary.

https://www.brownpapertickets.com/event/6504941





# THRIFT SALE

COLLECTING LIGHTLY USED
CLOTHES FOR THRIFT SALE IN APRIL

DROP OFF CLOTHES NEAR ROOM 109 IN THE GRAND HALL









## Greece 2026

March 19th to 30th 2026

### VISIT <u>WWW.EFTOURS.CA/2842224VS</u> FOR TOUR DETAILS AND INFORMATION



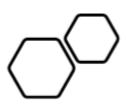
14 spots left – Don't miss out!

Sign up before February 28 for early bird pricing.

If you have any questions, please see Mr. Castonguay and/or up an application /information package from the PHE office



March 14



Students from **Family Studies will** be walking around the school wearing a pregnancy belly and/or caring for robotic babies.

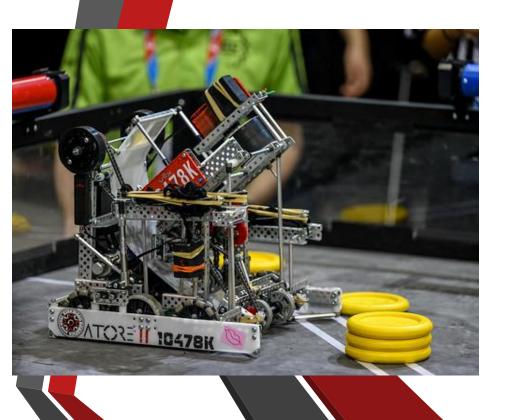


# SCHOLARSHIP MEETING FOR ALL GRADE 12 STUDENTS

- Wednesday March 05 at 12:15pm in the library
- Who should attend? All grade 12s interested in applying for scholarships in our local scholarship package.
- We have more than 50 scholarships to award in areas like fine arts, athletics, languages, trades, robotics, media arts, business, indigenous students, community service, environmental awareness etc.
- Not just high grades!
- Also learn about some of the many other scholarships offered to SD43 graduating students



### Congratulations to the Robotics Teams!



Team 6408W has qualified to compete in the Vex World Championships via winning the Innovate Award during the Regional Finals

Team 6408H competed and placed 10<sup>th</sup>, a season best.



## 

Who? Students interested in culinary or hospitality field/experience/Students needing volunteer hours

What? Help with Community Dinner (some prep, serve, set up and take down)

When? 4-7:30 PM, 3<sup>rd</sup> Wednesday every month (next dinner is 19<sup>th</sup> March)

Where? St. Stephen's Church (near Lougheed Mall & Cameron Rec. Centre )

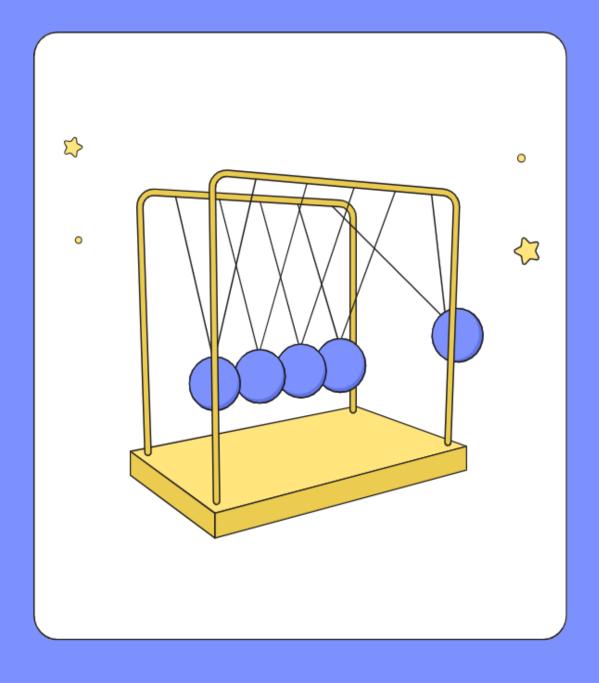
- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com



# CLUBS





# STRUGGLING WITH PHYSICS?

Join the physics club!

Every Thursday
Room 304 at Lunch

CONTACT 127-JJUNG1@SD43.BC.CA
TO BE ADDED TO TEAMS

### Drafting Club Activities included:

-Modern Style Model scenery Building

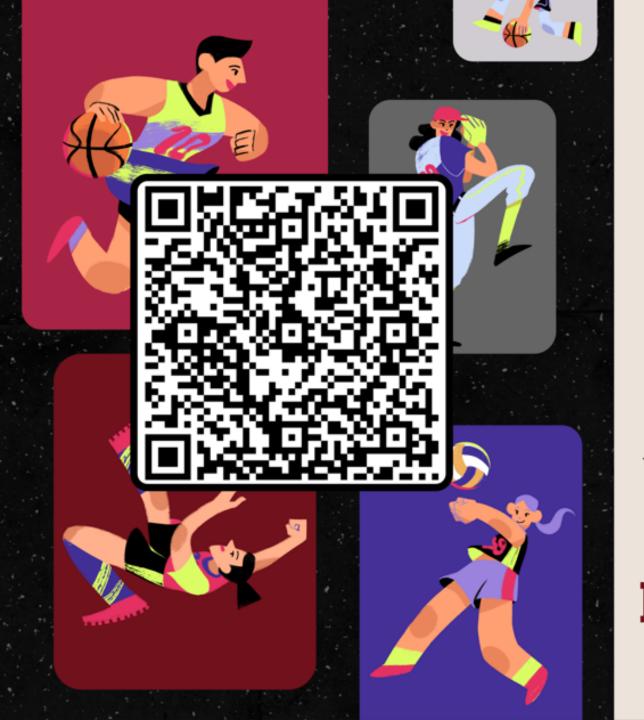
### Join us

Room 219, every Wednesday from 3:33~5:00

E-mail:

Club leader: 127-yfeng@sd43.bc.ca Club sponsor: mferrante@sd43.bc.ca





### HWSS YEARBOOK

### ATTENTION SPORTS TEAM MEMBERS!

### WANT YOUR VOICE IN THE YEARBOOK?

Scan the QR code or email "127-aheshmati@sd43.bc.ca" to submit a quote for your team's page.

# SHARE YOUR MEMORABLE MOMENTS AND TEAM SPIRIT!

## KODIAK ATHLETICS



Congratulations to the HWSS Curling Team winning a bronze medal this past weekend in Kimberly.





Congratulations to our three basketball teams who competed in the Provincials this weekend and represented our school very well.

Grade 9 Girls Grade 9 Boys Senior Girls

Best of Luck to our Senior boys team that will start their Provincials on Wednesday night.



### Mountain Bike Team

First Practice is next Wednesday at Burke. Use the QR code to sign up. 4pm



### Interested in playing for the Heritage Woods Golf Team?

For all those players interested in playing for the Heritage Woods Golf Team.

We will be hosting a meeting and Try-Outs as follows:

Thursday - March 6th- Lunchtime meeting in mat room

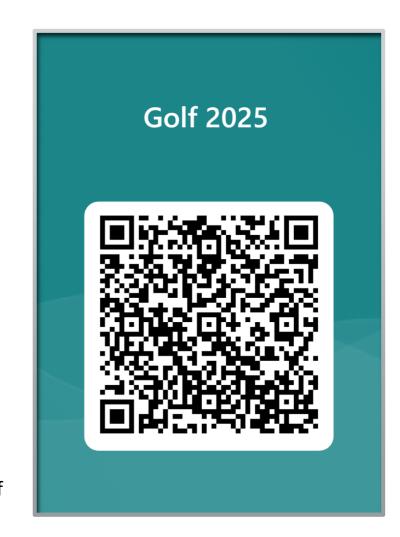
Try-Out Monday March 10<sup>th</sup> -- 4:00PM Junior Golf Try-Out Monday March 10th-- 4:45 PM Senior Golf

Try-Outs will be held at either Green Tee Westwood OR Eaglequest Coquitlam (will send an email)

Please use the QR Code outside of the PE office to sign-up.

Depending on interest, the coaches may run a second try-out on Wednesday March 12th.

Ms. Rampuri and Mr. Baldonero will be coaching the team this year. Please e-mail if you have any questions.



# CAREER





- Youth ages 15 to 30 (per the funding eligibility requirements from Service Canada).
- Can work well independently and/or as a team member.
- Has volunteer or paid experience working with children and/or recreation.
- Is responsible, enthusiastic and possess strong leadership skills.
- Has an active First Aid Certificate.
- Will be required to complete clear Police Information Checks from both your local Police/RCMP Detachment and Ministry Criminal Records Review program, upon offer of employment.
- Must be available for the full 7-week commitment of the camp (1 week training, 6-week camp).
- Applications must include your resume, copies of current valid relevant certificates, and 2 references.

#### Locations:

- 1. James Park Community School Port Coquitlam
- 2. Miller Park Coquitlam
- 3. École Pitt River Middle Community School Port Coquitlam
- Start date will be approximately June 23, 2025
- These are full-time (summer) positions Leaders will work 35 hours per week for a 7-week period
- (1-week mandatory training / 6 weeks of camp)
- Hours: 8:00 am 3:30 pm
- Junior Leader pay rate → \$20.00 per hour + 4%
- Senior Leader pay rate → \$23.00 per hour + 4%
- (We have junior and senior leader positions to fill, and we will consider ALL applications for both roles.)
- Deadline for applications is 5:00pm, Friday, March 14th, 2025

To apply, please click on the following link and create a user account/profile.

Sign In - External Job Posting

# Did you miss the UVic application deadline?



- Many programs at UVic will continue to accept applications until April 15, 2025 for September 2025 entry
- Visit EducationPlanner BC to see if a program is still open
- https://www.educationplannerbc.ca/
- If yes, apply ASAP
- After you apply you must send your transcript through STS